

## AFTERCARE:

### For Tattoos:

- 1- After about two hours, generously wet the bandage of your tattoo and remove it gently, being careful to wet any area that may be dried and sticking.
- 2- Gently wash your tattoo with warm water and a mild soap and let air out over night.
- 3- Beginning the following day apply a small amount of fragrance free lotion two to three times a day. We recommend original formula Curel or Lubriderm. Do this for 1 ½ to 2 weeks. You will notice as the tattoo begins to heal.
- 4- As your tattoo begins to heal it will itch and begin to peel. It is important that you DO NOT scratch or pick at any scabbed or raised areas during the healing process.
- 5- Do not soak your tattoo in pools or baths during the healing. It is also advised to avoid direct sun or tanning beds for the first two weeks.

## FOR PIERCINGS

For all piercings we recommend a sterile sea-salt spray. There are several brands available at most pharmacies and drug stores. Blairex Wound Wash is one preferred aftercare. Spray the pierced area with the solution and let it dry. After few minutes, rinse the area with clean water. Repeat this process 3-4 times a day, especially after workouts or activity. In addition to the spraying process, it is strongly advised to soak the piercing in a sea salt mixture every 2-3 days. To do this follow the ratios direction on the package of non-iodized sea salts you purchase and allow the piercing to soak in a small cup of the warm water for several minutes followed by rinsing the area with clean water.

### **Additional care for oral piercings:**

Along with the above steps for the outer part of your piercing, it is also necessary to rinse the mouth with an alcohol free mouthwash after eating, drinking or smoking. Biotene is a preferred and commonly used brand. Be cautious about how you chew your food and your selections for the first couple of weeks. For example very crunchy, spicy or hard to chew foods might irritate your new piercing.

### **A new piercing might:**

- Be a bit tender and itchy.
- Bleed or spot for a few days.
- Secrete a whitish fluid. This is lymphatic discharge and is essential to the healing process.
- Be red or swollen around the newly pierced area.

### **DO NOT:**

- Excessively touch or play with the piercing
- Handle or clean the area without washing your hands first.
- Twist, turn or rotate the jewelry.
- Allow lotions, creams, make-up or other cosmetic and hygiene products to get in or around your piercing.
- Use any aftercare products not recommended by your piercer such as alcohol, bacitracin, peroxide, Neosporin etc.
- Wear clothing or accessories that will irritate the piercing.

*If you have any questions or concerns regarding you new piercing please call upon us. We are happy to help you. ELECTRIC LOTUS TATTOO 973.402.2777*